



Cirby Elementary School

Parent Newsletter
November 2019



Cirby Calendar:

- 11/4 – 11/8:
Conference Week
12:05pm dismissal
- 11/7: 4th Grade
Production @
6:00pm – MPR
- 11/11: Veteran's
Day - **NO SCHOOL**
- 11/14: PTC Family
Game Night @
6:00pm - MPR
- 11/19: PTC Dinner
Night Out –
Sourdough & Co.
- 11/20: Cirby Eagle
Choir & Bucket
Band Concert @
6:00pm – MPR
- 11/21: PTC Meeting
@ 6:00pm in the
Library
- 11/25-11/29:
Thanksgiving Break
NO SCHOOL

Connect with us!



RCSD CIRBY



@rcsdcirby



Principal's Message:

As you read this, Parent-Teacher Conferences will have just finished up. Please remember to talk with your child about his/her successes and plans to help with the next steps in their learning and remember to celebrate your child's progress!

I would like to reiterate a few reminders about parking lot driving courtesy and safety. Students should only enter and exit the car through right side doors, whether you are parked on the street or in parking lot drop off lane. Allow yourself plenty of time in the morning so that rushing isn't a factor. Take speeds down to a crawl in and around the parking lot. We all appreciate your cooperation and patience at drop off and pick up times. This is for the safety of all children - and adults!

As Thanksgiving approaches, we begin to reflect on all that we are thankful for. At this time, I would like to thank our wonderful teachers and support staff for consistently helping Cirby students achieve their learning goals – and to you, our families, for helping support the Cirby School community! We cannot do this alone and we always appreciate your partnership.

Students will be on Thanksgiving Break November 25th-29th. School will resume on Monday, December 2nd. This time off will allow you and your family and friends to be together. Enjoy each moment....

Happy Thanksgiving!
Mrs. Quinlan

P.S. PLEASE LIKE US ON FACEBOOK (RCSDCIRBY) TO STAY UP TO DATE ON "CIRBY HAPPENINGS"



October Students of the Month

TK – Taya Hadley

Kindergarten – David Guzman, Ruben Hernandez, Hadley Parham

First Grade – Naylani Mason, Emilio Garcia-Dominguez, Briseyda Torres-Villa

Second Grade – Emma Brown, Ryan Nunez, April Puffer-Delgado

Third Grade – Aubrie Darnell, Brianna Valencia

Fourth Grade – Ileha Caster, Keely Sanchez

Fifth Grade – Perla Plascencia, Addison Teegarden, Maya Henriquez

Cirby Eagles PTC

We want to thank everyone who participated in the cookie dough fundraiser!

Delivery is on **Wednesday, December 11th from 2-4:30pm.**

Please make arrangements to pick up during the above time frame. **Thank you!**

Tuesday, 11/19 – PTC Dinner Night Out Fundraiser at Sourdough & Co.

5005 Foothill Blvd. Suite #1-A

Roseville, CA 95747

Flyer to follow!



November Nurse's Notes

Influenza, commonly known as "the flu," is a highly contagious viral infection of the respiratory tract. It affects all age groups, though kids tend to get it more often than adults.

Symptoms include fever, chills, cough, sore throat, runny nose, muscle aches, headache, and fatigue. The flu can last 1-2 weeks.

Prevention: Avoid exposure to the virus with good handwashing! Keep your hands away from nose, eyes, mouth, and avoid crowds as much as possible. Keep up resistance to infection with good diet, rest, and exercise. The flu shot is another way to help keep the flu out of your household. The vaccine helps protect people from the flu viruses that experts think will be most common in the upcoming flu season. While the vaccine doesn't completely guarantee against getting sick, someone who's been vaccinated and still gets the flu will generally have fewer and milder symptoms.

Treatment: Plenty of rest, drink extra fluids to prevent dehydration, take acetaminophen or ibuprofen (no aspirin for children and teens). Kids who are sick should stay home from school and childcare until they are fever-free for at least 24 hours without the use of fever-reducing medicine.



The entire staff of Cirby School wishes you and your family a wonderful and peaceful Thanksgiving Holiday.